

HELPMATE ADVOCATE TRAINING

Please note that Session 1 is required for all types of volunteer opportunities. Sessions 2-5 are required for the Hotline Advocacy opportunity. If you are interested in Reception Assistance, Building/Grounds Assistance, Community Education, Fundraising Assistance or Childcare Assistance, you only need to attend session 1.

LOCATION: All training sessions will be held at MAHEC and will be in classroom #1
(directions will be given at a later date)

SESSION 1: Tuesday, July 13 from 5:30–8:30 p.m.

- ❖ Welcome & Introductions; Helpmate Services; Dynamics of Domestic Violence: Definition, Stereotypes & Myths, Types of Abuse, The Cycle of Violence, Power & Control Issues, Barriers to Leaving an Abusive Relationship, Theories of D.V., and The Effects on Children & Adolescents; Batterer Intervention Programs; Helpmate Volunteer Policies & Job Descriptions
- ❖ **Facilitator:** Christy Price-Coffee, Administrative & Outreach Coordinator

SESSION 2: Thursday, July 15 from 5:30–8:30 p.m.

- ❖ Crisis Counseling: Active Listening, Problem Solving, Goal Setting, and Safety Planning
- ❖ **Facilitator:** Jane Robinson, Residential Care Manager

SESSION 3: Tuesday, July 20 from 5:30–8:30 p.m.

- ❖ Hotline Advocacy 101: Role of the Hotline Advocate, Phone Procedure & Shifts, Types of Calls, Child Protective Services Reports, A.D.A. Guidelines, Shelter Admission Policies & Protocol, and Role Playing
- ❖ **Facilitator:** Joy Henderson, Intake Specialist

SESSION 4: Thursday, July 22 from 5:30–8:30 p.m.

- ❖ Dynamics of Battering in the Lesbian, Gay, Bisexual, Transgender and Queer Communities
Facilitator: Deb Vingle, Program Director
- ❖ Civil & Criminal Court Issues
Facilitator: Melissa Kight, Court Advocate

SESSION 5: Tuesday, July 27 from 5:30–8:30 p.m.

- ❖ Pisgah Legal Services; Legal Remedies for Battered Immigrants
Facilitators: PLS Representatives
- ❖ Community Resources; Volunteer Placement & Contracts
Facilitators: Christy Price-Coffee, Administrative & Outreach Coordinator

The deadline to sign up for the training is FRIDAY, June 18. Please notify Christy Price-Coffee if you plan to attend and if you must miss a particular session. Email: cprice@helpmateonline.org or call: 254-2968, ext 12.

*"Never doubt that a small group of thoughtful, committed citizens can change the world.
Indeed, it's the only thing that ever has". Margaret Mead*